

Case Study

Rapid recruitment in psoriasis clinical trials

August 2020

Cromos Pharma's team achieves rapid recruitment for client's psoriasis trial amid pandemic

Cromos Pharma prides itself on its proven track record in achieving recruitment targets for our clients' studies. Our expert team consistently meets and exceeds recruitment goals for difficult to enrol trials.

Psoriasis is an autoimmune disorder which affects an estimated 125 million people worldwide. It is a difficult to treat condition which manifests itself not only in skin lesions but associated comorbidities including inflammatory bowel disease, arthritis, depression, cardiovascular disease and metabolic disease.

Recruitment for clinical trials is always a challenge but particularly so during a pandemic. In addition, the timing of the recruitment phase of the study in the summer (June) was not ideal as many psoriasis sufferers go into remission during these months due to exposure to the seasonal sun.

Recruitment targets achieved in one month

Undeterred our expert team harnessed their regional expertise in Ukraine and Georgia to successfully recruit firstly for a paediatric trial (19 participants) in just one month.

This success led to the client requesting the team to manage the recruitment of an additional adult trial. Our team successfully enrolled 25 patients (all eligible no SF) in Ukraine and ten in Georgia (all eligible no SF) in just three weeks. The study opened 9 June 2020 and closed recruitment on 30 June 2020.

Find out more about Cromos Pharma's recruitment expertise and experience in a wide range of therapeutic areas including dermatology and rheumatology by contacting us at inquiry@cromospharma.com.

About Cromos Pharma

Cromos Pharma provides tailored and effective clinical trial services to support the development of drugs that transform healthcare. It is an international CRO with over 15 years' experience in offering fully integrated services and delivering all aspects of clinical trials in all clinical phases and a range of therapeutic areas. Cromos Pharma delivers rapid recruitment and excellent patient retention as well as expert study design and management. Cromos Pharma has strong regional experience in Central and Eastern Europe. Its US base is in Portland, Oregon with additional operations in South Florida and its European HQ is situated in Dublin, Ireland. **Find out more by visiting www.cromospharma.com.**